

Stella's Presents:

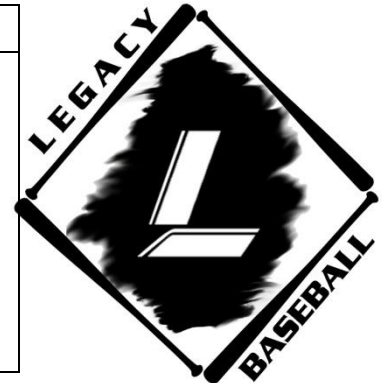
www.legacysportscamp.com
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Private Baseball and Softball Lessons



Legacy Baseball/Softball is offering private hitting and pitching lessons at Stella's for players ages 8+. The private hitting lessons (ages 8 and up) are one-on-one, half-hour or hour-long lessons with a coach. All coaches are current or former college or professional players and coaches trained in Legacy Baseball philosophy. This training is age-specific and player-specific and strives to help players reach their full potential. Hitting work will be done off of tees, short toss, and live pitching and will give a coach the opportunity to break down the player's swing more effectively with unique drills for that player. Pitching lessons will focus on strength exercises that promote a healthy arm and will incorporate correct mechanics and the mental approach to pitching. Registration information follows:

Private Hitting/Pitching Lessons	Private Packages
Ages: 8+	6 (1/2 Hour lessons):\$190
Dates/Times: 30 minutes or 60 minutes	4 (Hour lessons): \$240
Email for appointment:	8 (Hour lessons):\$460
Baseball: Caleb@legacysportscamp.com	
Softball: Erin@legacysportscamp.com	
Location: Stella's (3903 Joliet Ave Lyons IL)	
Fee: \$35 for half hour, \$65 for full hour	



Registration: All registrants must complete and submit the registration form below. Please make checks payable to Legacy Sports Camp for correct amount. Place check/money order and waiver release in envelope. You may bring registration on the first day of camp or mail to PO Box 3985 Oak Park IL 60303.

Legacy Sports Camp Registration, Release & Waiver Form

Participant specifically assumes all risks of injury arising out of his/her participation in the activities of the Legacy Sports Camp and does hereby, for himself/herself, his/her heirs, executors and administrators waive, release and agree to hold free from all claims for damages, Legacy Sports Camp and its respective officers, directors, owners, members, employees and volunteers and all sponsors of this camp.

I am aware of the Legacy Sports Camp does not provide accident or medical insurance and that such responsibility. In recognition and agreement to the foregoing, I do hereby affix my signature.

Participant's Name _____ **Age** _____

Signature of Parent/Guardian _____ **Date** _____

Email _____ **Emergency Contact Number** _____